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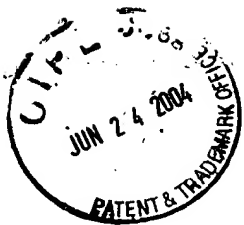
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(11411/11501)

DECLARATION AND POWER OF ATTORNEY

As the below named inventor, I hereby declare that:

My residence, post office address and citizenship are as stated below next to my name.

I believe I am an original, first and sole inventor of the subject matter which is claimed and for which a patent is sought on the invention entitled **FOOD SUPPLEMENT FOR INCREASING LEAN MASS AND STRENGTH** the specification of which was filed as U.S. Serial No. 09/482,688 filed on January 13, 2000.

I hereby state that I have reviewed and understand the contents of the above identified specification, including the claims.

I acknowledge the duty to disclose information which is material to the examination of this application in accordance with Title 37, Code of Federal Regulations, ' 1.56(a).

And I hereby appoint Patrick J. Birde (Registration No. 29,770) and John F. Resek (Registration No. 52,162) as my attorneys with full power of substitution and revocation, to prosecute this application and to transact all business in the Patent and Trademark Office connected therewith.

Please address all communications regarding this application to:

KENYON & KENYON
One Broadway
New York, New York 10004

Direct all telephone calls to John F. Resek at (212) 908-6264.

I hereby declare that all statements made herein of my own knowledge are true and that all statements made on information and belief are believed to be true; and further that these statements were made with the knowledge that willful false statements and the like so made are punishable by fine or imprisonment, or both, under Section 1001 of Title 18 of the United States Code and that such willful false statements may jeopardize the validity of the application or any patent issued thereon.

Inventor: **PAUL T. GARDINER**

A handwritten signature in black ink, appearing to read "P. Gardiner", written in a cursive style.

Date: June 8/04

Residence:

Citizenship: Canadian

Post Office Address:

Inventor: **DEREK E. WOODGATE**

Signature: _____

Date: _____

Residence:

Citizenship: Canadian

Post Office Address:

Inventor: **MARK S. GILBERT**

Signature: _____

Date: _____

Residence:

Citizenship: Canadian

Post Office Address:

Inventor: **ROBERT W. THOBURN**

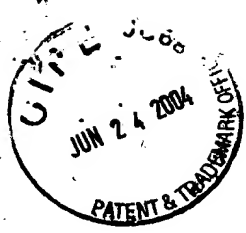
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Signature: _____

Date: _____

Residence:

Citizenship: Canadian

Post Office Address:

Inventor: **DEREK E. WOODGATE**

Signature: 

Date: 5/31/04

Residence: 465 Woolwich St N #18, Waterloo, ON N2K 3S4

Citizenship: Canadian

Post Office Address:

Inventor: **MARK S. GILBERT**

Signature: _____

Date: _____

Residence:

Citizenship: Canadian

Post Office Address:

Inventor: **ROBERT W. THOBURN**

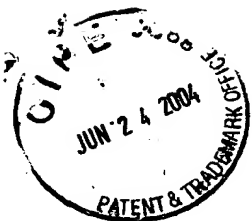
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Date: _____

Residence:

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Post Office Address:

Inventor: **DEREK E. WOODGATE**

Signature: _____

Date: _____

Residence:

Citizenship: Canadian

Post Office Address:

Inventor: MARK S. GILBERT

Signature:



Date: 14-6-2004

Residence: UNITED KINGDOM

Citizenship: Canadian

Post Office Address:

104 SANTEFOY AVE
LICHFIELD, STAFFORDSHIRE
UNITED KINGDOM
WS13 6PA .

Inventor: **ROBERT W. THOBURN**

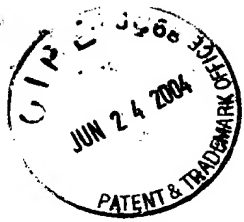
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Signature: _____

Date: _____

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Inventor: **DEREK E. WOODGATE**

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Date: _____

Residence:

Citizenship: Canadian

Post Office Address:

Inventor: **MARK S. GILBERT**

Signature: _____

Date: _____

Residence:

Citizenship: Canadian

Post Office Address:

Inventor: **ROBERT W. THOBURN**

Signature: *Rob Thoburn*

Date: *June 14/04*

Residence:

Citizenship: Canadian

Post Office Address: